

Southern Cyclist Inc.
C/O Eleanor Schneider
213 Aldred Hills Road
Statesboro, GA 30458



ABOUT THE JIM KRUSE CENTURY

The Jim Kruse Century is an annual bike ride on the quiet back roads of Statesboro, Ga, organized by the Southern Cyclists Club to benefit the Silver Lining Club. The ride was named after Jim Kruse, a founding member of the Southern Cyclists Club, to honor his legacy of inspiring people to be active at any age. Jim began cycling at the age of 76 and used it as a weapon against aging and immobility.

Today, the Southern Cyclists Club, made up of local citizens with common interests of physical fitness, specifically through cycling, organize the ride to benefit the Silver Lining Club, a respite program for those suffering from Alzheimer's Disease and dementia. This program is overseen by the Ogeechee Area Shepherd Center and is organized mainly by volunteers.

Come join us and ride for a cause!

Ride Planned & Managed by:

The Southern Cyclists

<http://www.southerncyclists.com>

Georgia Southern University's Recreation & Tourism Management Program's Event Planning Class

<http://chhs.georgiasouthern.edu/htfcs/index.php>



17th Annual Jim Kruse Century

Benefiting the Silver Lining Club

April 16 & 17, 2011

Mill Creek Park
Statesboro, Georgia



DIRECTIONS

From I-16 (Macon)

- Travel east on I-16. Take the Statesboro/Claxton exit (Exit 116).
- Turn left onto Hwy 301 N. to Statesboro.
- Travel through 2 traffic lights until the 3rd traffic light at the Highway 301 Bypass .
- Turn right onto the bypass (Hwy 301 N.)
- Go through 5 traffic lights and take a right at the 6th light onto Hwy 24 to Oliver/Newington.
- Mill Creek Park is approximately 1 mile on the right (through 1 traffic light). Enter through the main (second) entrance.

From I-16 (Savannah)

- Travel west on I-16. Take the Statesboro exit (Exit 127).
- Turn right onto Hwy 67 N. to Statesboro.
- After 10 miles, turn right at the traffic light at the Hwy 301 Bypass.
- At the third traffic light, turn right onto Hwy 24 (Oliver/Newington).
- Mill Creek Park is approximately 1 mile on the right (through 1 traffic light). Enter through the main (second) entrance.

From Hwy 25/80 (Augusta/Swainsboro)

- Travel east on Hwy 80.
- Upon entering Statesboro, travel to Hwy 80/301 North intersection (Enmark gas station will be on the left). Continue through Hwy 80/301 N. intersection on Hwy 80. Go through 1 traffic light (Advanced Auto Parts will be on the left).
- At the next traffic light (Bright Ideas on left), turn left onto East Main Street (Hwy 24 to Oliver/Newington).
- Travel approximately 3 miles (through 2 traffic lights).
- Mill Creek Park is approximately 1 mile on the right (through 1 traffic light). Enter through the main park (second) entrance.

ABOUT THE RIDE

Quiet back roads, beautiful rural scenery, and little elevation change make the Jim Kruse Century a fun and family friendly ride.

Saturday's ride offers a 25, 50, 65, and continuous 100 mile option. All routes are mapped, marked, and well-sagged. Coffee and breakfast snacks will be available at the ride start. Saturday's pre-registered riders receive a T-shirt, ride packet, map, emergency vehicle support and post-ride lunch. Sunday's ride is an informal 45 miler that will be marked, but will have no rest stops.

Ride Cost: \$30 each rider

NOTE: There is a \$5 late fee for walk-ups

Pre-registration

Complete and mail the attached form or go to "17th Jim Kruse Century" at www.active.com

Day of Registration

Saturday, 7 to 9 a.m. at Mill Creek Park

Ride Start Times

Saturday, April 16, 8 a.m.

Sunday, April 17, 9 a.m.

Email questions to jimkrusecentury@gmail.com



REGISTRATION FORM



Mail To:
Southern Cyclists Inc.
C/O Eleanor Schneider
213 Aldred Hills Road
Statesboro, GA 30458

(One form per rider for waiver purposes)

Saturday, I will be riding:

- 25 mile route
 50 mile route
 65 mile route
 100 mile route

I will participate in the unsupported ride on Sunday

T- Shirt Size: One shirt with each paid registration received by Monday, April 4, 2011.

Please circle your size:

S M L XL XXL

Ride Cost: \$30.00 per rider

Please write checks payable to "Southern Cyclists"

Credit Card payment available via active.com

Name _____

Address _____

City, State, Zip Code _____

Email _____

Amount Enclosed: \$

WAIVER: I hereby release Southern Cyclists, Inc., its officers, sponsors, and organizers of all responsibility and liability for any injury, harm, loss or inconvenience to me as a result of participating in any part of the Jim Kruse Century Ride.

Signature _____

(If you are under 18 Parent/Guardian must also sign this release)

Parent/Guardian _____

cut along the dotted line

